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[The Shocking Facts of Plant Foods - Dr Georgia Ede](#)

The Shocking Facts of Plant Foods - Dr Georgia Ede von Food Lies vor 7 Monaten 1 Stunde, 26 Minuten 18.145 Aufrufe Initial Air Date: November 15, 2018 Dr. Georgia Ede is a psychiatrist, researcher, and an advocate of nutrition and diet as an ...

[HIGH PROTEIN CARIBBEAN FEAST! VEGAN](#)

HIGH PROTEIN CARIBBEAN FEAST! VEGAN von Rachel Ama vor 2 Jahren 13 Minuten, 12 Sekunden 1.140.836 Aufrufe EPIC CARIBBEAN , FEAST , !!!! High protein and so so delicious! Hope you guys enjoy these recipes! Vegan mac and cheese, ...

[4 Plants That Are Great for Humans](#)

4 Plants That Are Great for Humans von SciShow vor 4 Jahren 8 Minuten, 16 Sekunden 1.944.371 Aufrufe A quarter of all prescription drugs in the U.S. come from substances that are found only in , plants , . In this episode of SciShow, we ...

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[Hacking the 3 Pathways of Aging](#)

Hacking the 3 Pathways of Aging von Mic the Vegan vor 5 Monaten 22 Minuten 44.913 Aufrufe Harvard biologist and researcher David Sinclair has made some incredible claims about longevity with a focus on pills but is there ...

[Feel Good Vegan Lockdown Meals 🌱ITAL CURRY🌱](#)

Feel Good Vegan Lockdown Meals 🌱ITAL CURRY 🌱 von Rachel Ama vor 9 Monaten 17 Minuten 264.798 Aufrufe You can make this recipe with any veg you can get your hands on! Easy and delicious ital inspired curry with fried plantain, quinoa ...

[Alternate Day Fasting: Benefits and How To Do This](#)

Alternate Day Fasting: Benefits and How To Do This von Dr David Jockers vor 1 Jahr gestreamt 16 Minuten 78.428 Aufrufe For more info go here: <https://drjockers.com/alternate-day-fasting/>

[WHAT I EAT FOR BREAKFAST: Dr. Esselstyn |u0026 Other Plant-Based Docs](#)

WHAT I EAT FOR BREAKFAST: Dr. Esselstyn |u0026 Other Plant-Based Docs von PLANT BASED NEWS vor 1 Jahr 6 Minuten, 54 Sekunden 940.756 Aufrufe OVER , 100 , WHOLE-FOOD , PLANT , -BASED RECIPES: from the biggest names in the , plant , based world - get 50% off by using PBN ...

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The True Nature of Disease Down to the Mitochondrial Level |u0026 the Complex Orchestra of Minerals von Food Lies vor 1 Monat 1 Stunde, 17 Minuten 2.797 Aufrufe Today I'm talking to vitamin and mineral expert Morley Robbins. Episode page: ...

[WHAT I EAT IN A DAY | Plant Based Experiment FOR A WEEK](#)

WHAT I EAT IN A DAY | Plant Based Experiment FOR A WEEK von Sarahs Day vor 1 Jahr 21 Minuten 740.206 Aufrufe SWEAT IT TO SHRED IT , EBOOK , FITNESS GUIDES!! <https://www.sarahsday.com/> Also check out my website for secret blog posts, ...

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TASTY VEGAN APPLE CRISP 🌱 Dive into sugar-free comfort food! von The Whole Food Plant Based Cooking Show vor 1 Tag 9 Minuten, 22 Sekunden 6.347 Aufrufe BECOME A SUPPORTING MEMBER! Help us keep this show free for everyone by becoming a supporting member!

[3 INCREDIBLE VEGAN BURGER RECIPES](#)

3 INCREDIBLE VEGAN BURGER RECIPES von avantgardevegan vor 1 Jahr 13 Minuten, 49 Sekunden 783.349 Aufrufe here's 3 SIMPLE vegan burger recipes..that aren't mushy |u0026 taste INCREDIBLE! Subscribe ...

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